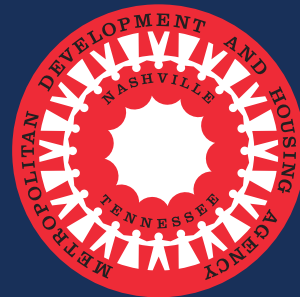


RESIDENT Connection

NEWSLETTER FALL 2026



A message from MDHA's President and CEO

As we head into fall, I want to look back at some of the memorable moments from this summer. In August, nearly 300 people celebrated with us as we cut the ribbon on our eighth new residential development at Cayce Place. Two days later, more than 1,300 joined us for a community festival along Charles E. Davis Boulevard, where Napier Place and Sudekum Apartments residents got to meet the co-development team who will help us revitalize their community. These events were a time of celebration and a look ahead to what's next.

But our work is far from done. In the remaining months of 2026, there will be a ribbon-cutting for another new residential development at Cayce Place, and the Agency will continue offering valuable resources for residents with a new VOICE Center at Cumberland View opening soon.

It's been a busy year so far, and we are not slowing down. Let's keep making progress together.

Dr. Troy D. White

Dr. Troy D. White
MDHA President and CEO

Let your *voice* be heard!



You and your neighbors will soon have the opportunity to vote on who will lead the Resident Associations in your community. Resident Associations are made up of MDHA residents who volunteer their time to organize resources and events for their neighbors, like the annual Strong Families Day, holiday parties, health resource fairs and more.

Resident Association Officer Elections

TERM OF OFFICE 2027-2029

OFFICER POSITIONS

President
Vice President
Secretary
Treasurer
Sergeant at Arms

8:30 A.M. - 3:30 P.M.

Wednesday, Oct. 28

LOCATION:

Your leasing office lobby or community room*



A list of candidates at your property are available from your leasing office staff or call Resident Services Information Line at 615-252-8527.

* Residents within the Cayce Place cluster will vote at the 620 Dew St. office.

Let Us Help You Reach Your Goals!

Find your level to see how MDHA can help:

MDHA's Resident Services Department has about 30 team members who help connect residents with programs and resources that support their goals and well-being. Whether you're a beginner or you just need one last push to reach your goals, MDHA's Resident Services Department is here to help you level up.

Education

LEVEL 1:

Refresher

For those who have been out of school for a while and need assistance preparing for the HiSET exam to receive a High School Equivalency Diploma (GED).

LEVEL 2:

College Courses

For those who have completed high school or received a High School Equivalency Diploma (GED).

LEVEL 3:

Trade Schools & Certifications

For those who have a specialized educational interest or experience in a trade.

Employment

LEVEL 1:

Pre-employment Preparation

For those who have been out of the job market for a while and need help preparing to jump back in.

LEVEL 2:

Job Skills Improvement

For those who are underemployed and are looking to increase and improve their skills.



Homeownership

LEVEL 1:

Learning

For those interested in buying a home who want to learn more through the Financial Freedom Workshop and Homebuyers' Club.

LEVEL 2:

Goal Planning

For those who have completed the Homebuyers' Club and are ready for the next step. May include participation in the Family Self-Sufficiency (FSS) program.

LEVEL 3:

Mortgage Pre-approval

For those looking to get approval for a mortgage and begin their home search.

Contact the MDHA Resident Services Department today!



ResidentServicesInfo@nashville-mdha.org

615-252-8527

www.nashville-mdha.org/resident-services





MDHA Holds Ribbon Cutting for **203** New Affordable Housing Units at **PARK POINT EAST**

This summer, MDHA celebrated a major milestone in the revitalization efforts at Cayce Place by celebrating the grand opening of Park Point East, the largest development so far in the Cayce Transformation. Before the ribbon was cut, LaShonda, a current Cayce Place resident who will move into Park Point East, shared a powerful message about what this new development means for her community.

"When I sit out on my new private balcony and look towards the Nashville skyline, I will constantly be

reminded that, although we are classified as low-income, the leadership here in Nashville did not forget about us," said LaShonda.

Park Point East features 24 townhomes and two apartment buildings, totaling 203 new affordable units in East Nashville. Of those, 115 are reserved for Cayce Place families.

MDHA has now surpassed 800 new apartments built as part of the Cayce Transformation, with more than half of those units set aside for current residents.



In August, the **Rising Together Street Festival** took over Charles E. Davis Boulevard and brought together more than 1,300 residents from MDHA's Sudekum Apartment and Napier Place, as well as the surrounding community. The day featured family fun, food trucks, entertainment and many community partners offering free resources and services. The event also allowed residents to meet the people behind the co-developers who will help MDHA revitalize the community through the Napier and Sudekum Transformation.

**JOURNEY
PASS
PROGRAM**

MDHA residents and voucher program participants are eligible for the Journey Pass Program, which allows you to ride WeGo Public Transit for free for three years. All you have to do is bring your photo ID and one of the documents below to a Journey Pass registration event.

MDHA Residents:

- New Housing Assistance Payment (HAP)
- Contract Request for Tenancy Approval (RTA) approval letter

Voucher Program Participants:

- Official Voucher Document
- Approval/Recertification Letter

Scan the QR code, or visit wegotransit.com/journey-pass/ for information on upcoming registration events.




[WeGoTransit.com/journey-pass/](https://wegotransit.com/journey-pass/)

You Are Not Alone

Domestic violence can affect anyone and includes physical, emotional, financial, sexual and psychological abuse. Help is available.

Know your options:

- Contact the Family Safety Center
- Talk to someone you trust or a local support organization
- Seek emergency help if you are in danger by calling 9-1-1

FAMILY SAFETY CENTER

615-880-1100

YWCA 24-HOUR CRISIS HOTLINE

1-800-334-4628

KNOW THE SIGNS. SAVE A LIFE.

An overdose can happen quickly. Knowing the warning signs and how to respond can save a life.

WARNING SIGNS:

- Won't wake up or respond
- Slow or stopped breathing
- Blue or gray lips or fingernails
- Choking or gurgling sounds
- Limp body

FIND SUPPORT:

- Treatment, recovery and community resources: wtin.org/addiction-services/
- Tennessee REDLINE 24-Hour Hotline: 800-889-9789

ACT FAST:

1. Call 9-1-1 and follow instructions
2. Give Narcan (Naloxone) if available
3. Stay with the person until help arrives



WE'RE HERE FOR YOU!

615-780-7043

If you are an MDHA resident or voucher program participant experiencing domestic violence or struggling with substance use, please reach out to us at 615-780-7043. A dedicated MDHA staff member can help you navigate these times when it comes to your housing and connect you with additional resources and support.



Connect with us @NashvilleMDHA
Visit us online at Nashville-MDHA.org

