

Show your heart some love and have your blood pressure checked!

Whether you know you have high blood pressure or not, regular screenings are important to make sure it is under control.

2 - 3:30 p.m. Tuesday, May 20 **Edgehill Apartments Community Room** 

## **DID YOU KNOW?**

## **HIGH BLOOD PRESSURE FACTS:**

- · One in three adults have high blood pressure
- High blood pressure is often referred to as "the silent killer" because there are typically no warning signs or symptoms
- High blood pressure can increase your risk of heart attack, stroke and heart failure







